



Arizona Asthma Coalition

[www.azasthma.org](http://www.azasthma.org)

## **Community Resource Directory**

The Arizona Asthma Coalition continues to reach out to organizations across Arizona for information about services that educate and assist people with asthma. We will continue to update this information as it becomes available.

### **Arizona Asthma Coalition**

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480-289-5761

### **Arizona Department of Health Services**

150 N. 18th Avenue

Phoenix, Arizona 85007 - <http://azdhs.gov/index.php>

### **American Lung Association of Arizona**

#### **Camp Not-A-Wheeze**

(602) 258-7505

Stacey Mortenson - [smortenson@lungs.org](mailto:smortenson@lungs.org)

[American Lung Association of Arizona](#)

### [Arizona Health Care Cost Containment System \(AHCCCS\)](#)

AHCCCS, the state's Medicaid Program, offers health insurance, medical programs and resources to serve Arizona residents who meet certain family income criteria and other requirements. All health plans cover the same services, but each may work with different doctors, pharmacies, hospitals and other providers. Health Plans differ, depending on where you live in Arizona. There are health plans in every county, so applicants may choose a health plan that serves the area where they live. When picking a plan:

- Find out which plan contracts with your doctor (you can call your doctor's office)
- Contact each health plan for more information (you can look up the providers on their websites or call their member services)

## **ASHLine**

ASHLine, Arizona Smokers Helpline is a free telephone and web-based quit tobacco coaching service for all Arizonans. The program is made possible through a partnership between the Arizona Department of Health Services Bureau of Tobacco Education and Prevention and the Mel and Enid Zuckerman College of Public Health at the University of Arizona.

ASHLine services for clients include: quit tobacco coaching over the telephone, interactive quit planning at [www.ashline.org](http://www.ashline.org), and medication assistance programs.

AHCCCS is now able to cover smoking cessation medications for up to twelve weeks.

For more information about ASHLine services and the AHCCCS benefit please contact ASHLine at 800-556-6222 - [Quit-Smoking](#)

## **Asthma Athletics**

1928 E. Highland  
Phoenix, AZ 85016  
(602) 957 4948

Medical Director: Joseph Yusin, MD - [Asthma Athletics](#)

Asthma Athletics is a non-profit organization, serving children from low-income families in the community. With the help of college and health care volunteers, Asthma Athletics runs a swimming program at the YMCA educating children and families about asthma and teaching children how to swim. Children who complete the swimming program can be sponsored into community sporting activities, where education continues and children are assigned mentors.

## **Banner Children's Asthma Support Groups**

Any age child or teenager with asthma & their parents or caregivers are welcome to join the free Banner Children's Asthma Support Group. We meet about four times per year for fun activities at locations such as: roller skating rink, zoo, jump zones, etc. with other children with asthma. Have your questions answered by certified asthma educators.

Email your contact information to receive future flyers: [AZPedsAsthmaSupport@BannerHealth.com](mailto:AZPedsAsthmaSupport@BannerHealth.com) or call Kimberly Byrne, Pediatric Asthma Program Manager at 480-412-7902

To join our asthma email list go

to: <https://www.bannerhealth.com/checkbox/Survey.aspx?s=458c9ee03fd5429296347dfd14e7af1e>

## **Banner University Medical Center - Tucson Campus**

150 N. Campbell Avenue

Tucson, AZ 85724

520-626-6614

Patricia Maurice - Patricia.Maurice@bannerhealth.com

**Programs:** Banner University Medical Center's - Tucson Campus Inpatient Pediatric Asthma Program is one of only six nationally to have received Gold Seal Status from the Joint Commission on Accreditation of Healthcare Organizations for excellence in caring for children hospitalized with asthma.

## **Breathmobile**

Phoenix Children's Hospital 1919 E. Thomas Road Phoenix, AZ 85013

Medical Director: James V. Woodward, MD, Pulmonary

### PCH Breathmobile

**Programs:** The Breathmobile is a self-contained mobile asthma clinic that provides screening, diagnosis, treatment, asthma education and self-management for low-income, uninsured children in twenty-two schools, located in P Cynthia D Weiss, Health Services Director.

## **Camp Soaring Eagle**

Free Asthma/Respiratory Camp occurs three times a year in Cornville, AZ. Free transportation to and from Cardon Children's Medical Center in Mesa, AZ. Activities include: horseback riding, fishing, arts & crafts, archery, and much more. To apply contact 928-284-2197. Information also located at <http://Camp Soaring Eagle>

**KidsCare Partners Outreach Toolkit from Children's Action Alliance, October 2016.** It's Time to Let Families Know that KidsCare is Back. <http://www.azchildren.org/kidscare-partners-outreach-toolkit>

## **Community Health Centers**

Arizona currently has twenty-one Federally Funded Community Health Centers and two Federally Qualified Health Centers "Look-Alikes" in the state. These non-profit health centers, or CHCs, are in medically underserved areas - both rural and urban - throughout Arizona. They share a mission of making comprehensive primary care accessible to anyone regardless of insurance status. A sliding fee schedule considers the patient's family size and income. Services include preventive, primary, acute and chronic disease care; diagnostic laboratory and radiology services, pharmacy, case management and referral.

More information about individual CHCs can be found at <http://www.aachc.org/what-is-a-healthcare-center/health-centers/>

## **Health Care Resources for Arizona's Low Income and Uninsured Families**

This comprehensive manual published by Children's Action Alliance provides detailed information about how families can access health care coverage and other benefits through AHCCCS (Arizona's Medicaid agency), the health insurance Marketplace and numerous other programs, including behavioral health, dental health, services for children with special health care needs, community services, economic and social security.

<http://azchildren.org/wp-content/uploads/2012/10/Health-Manual-2014-English-for-print-reduced-size.pdf>

## **Keogh Health Connection**

Keogh Health Connection outreach offices and hands on, bilingual assistance staff members are in community centers, hospitals and clinics, disability rehab facilities, family services organizations, schools and educational aid centers, food banks and more in over 30 locations in the Phoenix metro area.

Clients can learn about and apply for the right health care option for themselves and their families, right on the spot. The staff helps families understand and navigate the often-complicated process, requirements and choices that make up the Affordable Care Act Marketplace. Staff also help approximately 70% of their clients apply for SNAP (Formerly Food Stamps).

For those not qualified, Keogh staff members help direct them to community resources such as food banks, St. Vincent De Paul dining rooms and free medical and dental clinics, as well as Temporary Cash Assistance (TANF), and supportive services for the most vulnerable Arizona children and their families, helping them become stabilized and build a bridge back to self-sufficiency.

<http://keoghhealth.org>

## **St. Joseph's Hospital & Medical Center**

350 W Thomas Road  
Phoenix, AZ 85013  
(602) 406-4942  
Dr. Lilia Parra-Roide, Bonnie Hartley, MSW  
[lparrar@chw.edu](mailto:lparrar@chw.edu)

**Programs:** The Asthma Intervention Program Behavioral interventions tailored to individual asthma patients and aimed at improving patient's self-management skills. Children 4 to 16 years of age with persistent asthma are eligible. Children must have a physician.

The Environmental Community Health Committee

Marisue Garganta, Director of Community Health Integration Committee representing eight organizations meets bi-monthly to provide additional resources and share knowledge.

## **National Resources**

### **Allergy and Asthma Network/Mothers of Asthmatics (AANMA)**

8229 Boone Blvd.  
Suite 260  
Vienna, VA 22182  
New Spanish website: <http://redalergiayasma.org/>  
New English website: <http://allergyasthmanetwork.org/>

#### **Programs:**

- Learn about symptoms, diagnosis and treatments
- Asthma and allergy management tools
- Special publications for children and adults
- Spanish website with educational materials
- Information about prescription assistance

### **American Academy of Allergy, Asthma and Immunology (AAAAI)**

555 East Wells Street,  
Suite 1100  
Milwaukee, WI 53202  
414-272-06071  
<http://www.aaaai.org>

**Programs:**

- Learn about symptoms, diagnosis and treatments
- Videos and learning programs
- Materials for kids
- Guide to drugs
- Find a board-certified allergist anywhere in the U.S.

**American Academy of Pediatrics (AAP)**

The AAP advocates for access to health care for all children, adolescents and young adults. The Academy also supports community-based projects that improve access to health services.

<http://www.aap.org>

Asthma education resources for patients and families

- <http://search.aap.org/?source=aap.org&k=asthma>

**American College of Asthma, Allergy and Immunology Programs:**

- Learn about symptoms, diagnosis and treatments
- Allergy and asthma management tools
- Teaching tools including self-tests and journals
- Links to support organizations
- Materials also in Spanish
- Patient newsletters
- Find a board-certified allergist

<http://www.acaai.org/>

**American Lung Association (ALA)**

Call (800) LUNG USA to "Ask an Expert:

<http://www.lungusa.org>

**Programs:**

- Numerous patient education resources on managing asthma
- Games and videos designed for children
- Advocacy for public policy

## **Asthma and Allergy Foundation of America**

8201 Corporate Drive  
Suite 1000  
Landover, MD 20785  
800-727-8462  
<http://www.aafa.org>

### **Programs:**

- Patient education about asthma and allergy
- Research, including data about the prevalence of asthma and its cost to society
- Ask the Allergist: National toll-free information line staffed Monday-Friday from 10 a.m. to 3 p.m. Eastern Time - 800-7-ASTHMA

## **Centers for Disease Control and Prevention**

CDC's National Asthma Control Program helps Americans with asthma achieve better health and improved quality of life.

### **Programs:**

- Learn how to control asthma
- Data, statistics and surveillance
- Resources for health professionals and schools

Asthma home page - <http://www.cdc.gov/asthma/>

Tools for asthma self-management - [http://www.cdc.gov/asthma/tools\\_for\\_control.htm](http://www.cdc.gov/asthma/tools_for_control.htm)

## **Chest Foundation, sponsored by the American College of Chest Physicians**

3300 Dundee Road  
Northbrook, IL 60062  
800-343-2227  
847-498-1400  
847-498-5450  
<http://www.chestnet.org>

### **Programs:**

- Community service grants
- Patient education about symptoms, diagnosis and treatments
- How to use inhalers
- Lifestyle and home environment

<http://www.chestnet.org/Foundation/Patient-Education-Resources/Asthma>

**GINA (Global Initiative for Asthma)**

<http://www.ginasthma.com>

**Programs:**

- Global strategy for asthma management and prevention.
- Complete pocket guide for physicians available on Web site.

**National Heart, Lung and Blood Institute (NHLBI)**

<http://www.nhlbi.nih.gov/health/health-topics/topics/asthma>

**Programs:**

- Fact sheets and booklets on controlling asthma and self-management of asthma.
- Special publications and materials on asthma for school administrators and school health care workers.
- Copy of Practical Guide for the Diagnosis and Management of Asthma available on web site.
- Managing Asthma Guide for Schools  
- [http://www.nhlbi.nih.gov/files/docs/resources/lung/NACI\\_ManagingAsthma-508%20Final.pdf](http://www.nhlbi.nih.gov/files/docs/resources/lung/NACI_ManagingAsthma-508%20Final.pdf)
- National Guidelines for Diagnosis and Management of Asthma (EPR-3 July 2007)  
- <http://www.nhlbi.nih.gov/health-pro/guidelines/current/asthma-guidelines>

**National Jewish Medical and Research Center**

1400 Jackson Street

Denver, CO 80206

(800) 225-5654

<http://nationaljewish.org>

**Programs:**

- Patient education about diagnosis, treatment and disease management
- Sign up for newsletter
- Call and ask a question - 800-225-5654
- Specialty hospital treatment for respiratory disease in adults and children
- Asthma and allergy research



## **Asthma Curricula**

### **Asthma 101**

In-service training presentation on basics of asthma and asthma management, delivered by trained medical professionals. Designated "best practice" program. Available in Spanish. Contact your local American Lung Association Chapter. - <http://www.lung.org>

### **Open Airways**

Contact your local American Lung Association chapter. A program for elementary school children ages 8-11. Participants meet in six 40-minute sessions during the school day, apart from their class. The curriculum incorporates an interactive teaching approach utilizing group discussion, stories, games and role-play.

### **Asthma Information Handbook for Early Care and Education Providers**

Early care and education providers play a major role in the health and safety of children. A classroom or center with twenty children may include two or more children with asthma. It is essential that providers understand asthma and know how to provide the highest quality care for children with asthma. With proper care, most children with asthma can lead normal, active lives and can enter school with the same abilities as other children. This handbook was produced by the California Childcare Health Program and designed to cover the following topics:

- Basic information on asthma
- How to improve the early care and education environment to reduce asthma triggers
- How to administer asthma medication
- How to handle asthma emergencies

[http://www.ucsfchildcarehealth.org/pdfs/asthma/Handbook\\_EN\\_0606.pdf](http://www.ucsfchildcarehealth.org/pdfs/asthma/Handbook_EN_0606.pdf)

### **Managing Asthma Guide for Schools**

#### Managing Asthma

### **Southwest Center for Pediatric Environmental Health: Fact Sheets and Curriculum**

The mission of the PEHSU program is to:

- Reduce environmental health threats to children
- Improve access to expertise in pediatric environmental medicine
- Strengthen public health prevention capacity

[http://www.swcpeh.org/swcpeh\\_org\\_site/schools/factsheets-curriculum.aspx](http://www.swcpeh.org/swcpeh_org_site/schools/factsheets-curriculum.aspx)

### **The PACE Curriculum**

The Pace program curriculum, developed by NHLBI, is intended for clinicians. It is delivered in two 2 1/2-hour interactive sessions, ideally spaced one week apart to give participants an opportunity to try out the concepts from the first session. Their experiences can then be discussed at the second session. The seminar works best when there are three to four instructors, including:

- Primary care provider
- Asthma specialist
- Health educator

<http://www.nhlbi.nih.gov/health-pro/resources/lung/physician-asthma-care-education/curriculu.htm>